

***** 2018 Season *****

- New Season Dates**

<u>Name</u>	<u>2018</u>
Registration	Apr. 15 2-4 pm
Pool Open	May 5
Orientation (8 & under)	May. 9 6-7 pm
Orientation (9 & Older)	May. 9 7-8 pm
Practice Start	May. 10
Last Day for Reg. Forms	May. 25
Mock Meet	Jun. 5
Last Day for Reg. Refund	Jun. 10
Morning Practice Start	Jun. 11
First Meet	Jun. 12
Last Meet	Jul. 17
End Season Party	Jul. 19
TSA Championship	Jul. 21/22

- Meet Schedule (Tuesdays at 6:00 pm)**

June 5	Mock Meet (home)
June 12	
June 19	
June 26	
July 3	
July 10	
July 17	

- TSA Videos**

Below are the videos that TSA uses to train stroke and turn judges. Watch these and help your child cut down

on the number of DQ's this year, or just improve their strokes.

Backstroke: <https://www.youtube.com/watch?v=Hwj7zPQ4D00>

Breaststroke: <https://www.youtube.com/watch?v=Xj8YzwB7B18>

Butterfly: <https://www.youtube.com/watch?v=JYLaAq7puHU>

Freestyle: <https://www.youtube.com/watch?v=79pdZgcJWSw>

Relays: <https://www.youtube.com/watch?v=rpk6YboSLsQ>

Test Your Knowledge: https://www.youtube.com/watch?v=_xifsGPdkTY